

היום תשעה ועשרים יום שהם ארבעה שבועות ויום אחד בעומר

Today is Twenty Nine Days Of the Omer

Introduction:

1. The Zohar says that the holiness of the week of the Sefira of Hod and especially of Pesach Sheni is very lofty, as the gates Above are still open. The Shechina radiates for 30 days from the first night of Pesach. A heavenly voice announces today, on the 14th of Iyar, that anyone who has not connected to the Shechina can still do so - before the gates close. There are seven more days, from Pesach Sheni, before the Heavenly gates close.
2. Why is Pesach Sheni one month after Pesach? After all, a person who was Tamei on Pesach would only need 7 days to become purified - why wait so long? The Jews still ate, for 30 days, Matzos that remained from the first Seder in Egypt - until the 15th of Iyar. So the holiness of Pesach lasts until then. A person eats Matzoh and Chometz until that day. A person should increase his joy a little bit on Pesach Sheni. Anyone who is blessed with wealth, should have Torah scholars and modest people eat at his table on this day, to fulfill the words, "He who needs, let him celebrate the Pascal offering" - just like the first Pesach.

Bein Adam Lamakom - Between Man & God:

1. Reflect on the good deeds and kindness that Hashem does to the Jewish people in general, and specifically to you, whose intention is to bring mankind to thank and Praise Hashem. We find that King David said: הודו ליהוה כי טוב כי לעולם חסדו - "Give thanks to the Lord" Why? "Because He is good" - He has done good with us in the past and in the present. "For His kindness is eternal" - even in the future. Practice saying this short praise, with its meaning, a few times today.
2. Publicize Hashem's kindness and good things that He did and does by praising Him for every single thing He does for you. This will increase the honor of Hashem in the world.
3. King David said: מְהִלָּל אֶקְרָא יְהוָה וּמִן אֹיְבֵי אֹיֵשׁ - "With praise I call to the Lord, and from my enemies I will be saved." Dovid praised Hashem even before Hashem actually saved him from his enemies, as if he already was saved; and in that merit he was saved. This teaches us that future Kindness is hidden within the praises you say about Hashem. We should emulate Dovid's behaviour, and we too will benefit from Hashem filling in what is missing in our lives.

Bein Adam Lachaveiro - Between Man and Others:

1. We are not permitted to sell goods to idolators before their pagan holidays, lest they praise their gods for their success. We should learn, a fortiori, that if our friend is in trouble and is pouring his heart to Hashem to save him, we should help him, so that he will praise Hashem for his good fortune.
2. King David loved his teachers in order to show gratitude for what they did for him. He called them with honorary titles. We should do the same and show our gratitude to others by increasing our love to them, showing it in tangible ways.
3. If you see that your friend is incorrectly praising Hashem (such as saying "Modim" twice in a row in the Amida), try to correct him in a loving way, with a cheerful countenance - by indirectly getting the person to self-correct his mistake, and then praise Hashem properly.

Body Part:

1. Use your left leg when doing Chesed that brings out praise to Hashem..

Time of Day:

1. Make effort to love Hashem and do acts of kindness in the morning, especially on a Thursday.
2. Concentrate on the blessing of "Selach Lanu" about the times you failed to thank Hashem when receiving a kindness for him. Instead, you took credit for your success, and did not remember the Pasuk: 'For it is Hashem your God that gives you strength to make your success.'
3. Concentrate when saying the name of א-ל when reading verses from the prophets or verses referencing Aharon the Priest.

Quality to Acquire Torah: Loves God - אוהב את המקום - He who learns Torah because of his love for God, will have many of the deep secrets of Torah wisdom revealed to him. He also will not stop searching until he sees the truth in Torah.