

היום ששה ימים בעומר

Today is Six Days Of the Omer

Introduction: Today always coincides with the seventh day of Pesach, the day when Hashem split the Sea of Reeds.

1. This was the first day in history when Hashem's kindness reached the most worldly level. Hashem's kindness became an actual part of the ecosystem integrated within nature.
2. This attribute is found in instances when heaven and earth meet in an act of kindness - where the lines between the physical act and its spiritual effect are blurred.
3. On this day Hashem brought kindness into the makeup of foundation, by splitting the sea and allowing the Jews to pass through dry land. The response of the Jews was to sing the famous Shira showing their gratitude to Hashem and acknowledging His Kindness.
4. This seventh night of Pesach is an auspicious time to connect oneself to the holy Tzaddikim, as we see the Torah says after the splitting of the sea that "And they believed in Hashem and Moshe His servant" - the faith of the Jews in Hashem was perfected through their connection to Moshe.
5. The fulfilment of Yesod is manifest when the pleasure you have in serving Hashem is your greatest pleasure.

Bein Adam Lamakom - Between Man & God:

1. A person should reflect that in order to merit charm, kindness, and love from Hashem, a person should grab onto the level of being a "tzaddik" - i.e. make effort with all one's strength to guard the covenant through his tongue and reproductive organ. We find this regarding Yosef, when after he withstood his test with the wife of Potiphar the Torah says: "The Lord was with Joseph, and He extended charisma to him, and He gave him favor in the eyes of the warden of the prison" and "for the Lord was with him, and whatever he did the Lord made prosper." In this way a person can achieve the love of Hashem through grabbing on to the attribute of being a "Tzaddik. (This act also merited the splitting of the sea.)
2. Make a lot of effort to be engaged in the Mitzvah of being fruitful and multiplying - whether it be concerning yourself or others, whether it is regarding Shidduchim, Shalom Bayis, etc. When engaged in marital relations have in mind to increase children who will love Hashem and will do acts of kindness. When Hashem blesses you with children, train them and encourage your children to love Hashem and do kindness.
3. When you are engaged in doing kindness to your body such as when you eat, drink, sleep or engage in other necessities of life, see to it to concentrate on doing them for the sake of Heaven with holiness and purity - and not merely to fulfill your lustful pleasures. We see that taking care of your body's needs is an act of kindness as it says in Mishlei: גַּמְלַל נַפְשׁוֹ אִישׁ חֶסֶד - "A kind man does himself good." We see the same thing regarding Hillel who was running to do the Mitzvah of bathing himself. Take to heart that you are thereby fulfilling the Mitzvah of "Know Him in all your ways." Elevate all the physical pleasure you are enjoying on Yom Tov.

Bein Adam Lachaveiro - Between Man and Others:

1. When doing a kindness to others, concentrate on doing it for the sake of Heaven and with holiness - not for the sake of receiving a reward or to fulfill his own personal pleasure of doing the kindness - say as for the honor he will receive from his actions.
2. When hosting guests, see to it to arouse them to love Hashem and to tell them about the many acts of kindness that Hashem does in general to the creation and specifically to each creature, until you have drawn them to love Hashem and to want to do kindness with Him. This is what Avraham did when it was time to thank Hashem for the meals he would provide for his guests.
3. Make efforts doing activities of kindness that produces "fruits" in order to maintain and increase the kindness forever - such as planting fruit trees for poor people to enjoy and assisting in building communal institutions of kindness.

Body Part:

1. Use your right hand when bestowing kindness to others in a way that perpetuates the act of kindness and increases peace in the world.

Time of Day:

1. Bestow this type of kindness in the day - especially in the morning.
2. Concentrate on the blessing of "Sim Shalom" in the morning Amida.
3. Concentrate when saying the name of שְׁדֵי, especially during the morning prayer.

Quality to Acquire Torah: Reverence - ביראה - Having "fear of Hashem" - intense awareness of Hashem's presence and behaving accordingly. As it says in Pirkei Avos: "Whoever has his fear of Hashem precede his wisdom - his wisdom will endure." The prophet says that: "The beginning of wisdom is fear of Hashem."