

Could You Pass the Conversion Test - Section #1 - Weekday Living:

Section #1 - Weekday Living - Class #7 - Morning Prayer - Part 5:

Morning Prayers:

L. 19 Blessings of the Amida:

- **First 3 Blessings of Praise - Acknowledging Hashem's Power:**
 1. Kindness
 2. Control
 3. Mercy
- **Middle 13 Blessings - requests: 1) 3 individual spiritual; 2) 3 individual physical; 3) Transition: 4) communal spiritual; 5) communal physical**
 1. Understanding
 2. Return
 3. Moral Rehabilitation
 4. Liberation
 5. Physical Health
 6. Material Sustenance
 7. Reunion - Transition from individual needs to those that can only be fulfilled through the community
 8. Justice System
 9. Punishment of G-dless People
 10. Vindication of righteous
 11. Build Jerusalem
 12. Enthronement of Royal Heir from David
 13. Hearing Our Prayers
- **Final 3 Blessings - Thanksgiving so that the Blessings will remain with us**
 1. Return of Sacrificial order - on- going relationship
 2. Thanks / Admission for Everything Hashem Does For Us
 3. Peace

M. Additional Prayer of Morning Service:

1. Mizmor Shir - pg. 54
2. Tachanun - pg. 132 & 136. More pages on a Monday & Thursday (optional - different customs if women say it or not.)
3. Ashrei & "Uva Le'tzion - pg. 150 - 156
4. Alienu - pg. 158 - 160
5. Psalm of the Day - pg. 162 onward
6. Talmud - a person who learns Torah after morning prayers will merit to behold the Shechina. One who can not study Torah regularly after davening, should study at least one verse from the Torah or one halacha before carrying on with the day.

N. Insertions into the Amida:

1. "Mashiv Haruach..." - pg. 100 - Repetition of Amida is required if you make a mistake
2. "V'sein Tal Umatar..." - pg. 104 - Repetition of Amida is required if you make a mistake
3. "Ya'aleh" V'yavo..." - pg. 110 - Repetition of Amida is required if you make a mistake on all Yom Tov & Col Hamoed prayers , and Rosh Chodesh only in the day time prayers
4. "Al Hanisim" - pg. 112 - 114 - Repetition of Amida is NOT required if you make a mistake
5. 6 insertions between Rosh Hashanah & Yom Kippur - Repetition of Amida is required ONLY if you make a mistake by the 3rd Blessing insertion of "Hamelech Hakadosh."
6. "Aneinu" - pg. 242 - Repetition of Amida is NOT required if you make a mistake

O. Yearning for the Redemption:

1. At the day of a person's judgment , G-d will ask him, "Did you yearn for the redemption?"
2. Rambam: "Anyone who does not believe in him or **does not await his coming**, denies not only the statements of the other prophets, but those of the Torah and Moses, our teacher."
3. Rambam: "The Sages and the prophets did not yearn for the Messianic era in order to have dominion over the entire world, to rule over the gentiles, to be exalted by the nations, or to eat, drink, and celebrate. Rather, they desired to be free to involve themselves in Torah and wisdom without any pressures or disturbances, so that they would merit the world to come, as explained in *Hilchot Teshuvah*. "
4. To realize that life on planet earth is not complete until Moshiach comes, and all our efforts in life are to bring us to that goal.
5. This is a question that we must ask ourselves every minute of your life - not just at the end of our lives. Do you believe that there is an existence beyond your present existence in this world ? Did you believe that life in this world brings you to eternal life?
6. Anticipating the redemption itself brings the redemption closer.
7. How to fulfill the Mitzvah:
 1. Focus on this when saying the blessing of "Velirushalyim" in the Amida and others next to it.
 2. Say the 12th Ani Ma'amin
 3. Learn the Rambam, Laws of Kings, Chapters 11 & 12.
 4. Learn the first Chapter of Mesilas Yeshorim - the Path of the Just.
 5. Make life decisions based on this long term goal & understanding. Ask yourself: "Is what I am about to do getting me eternally closer to Hashem or not ?
 6. Live in the reality that this world is merely a hallway leading to a great ball room.