

## Torah Level Mastery Program - Sefer Bereishis - Parshas Chayei Sarah

Topics of Seder Chayei Sarah & Learning Schedule:

### Topic 1 - Sarah Dies:

Lesson 111: Ch. 23, 1 - 6 Sarah Dies & Avraham Eulogizes Her  
 Lesson 112: Ch. 23, 7 - 10 Avraham Wants Help With the Burial  
 Lesson 113: Ch. 23, 11 -15 Avraham & Efron  
 Lesson 114: Ch. 23, 16 - 20 Avraham Purchases the Cave & Buries Sarah

### Topic 2 - A Wife for Yitzchak:

Lesson 115: Ch. 24 1 - 5 Avraham Delegates Eliezer  
 Lesson 116: Ch. 24, 6 - 10 Avraham Sends Eliezer  
 Lesson 117: Ch. 24, 11 - 14 Eliezer Sets the Test  
 Lesson 118: Ch. 24, 15 - 20 Rivkah Hurries to Give Drinks  
 Lesson 119: Ch. 24, 21 - 25 Eliezer Speaks With Rivkah  
 Lesson 120: Ch. 24, 26 - 31 Lavan Meets Eliezer  
 Lesson 121: Ch. 24, 32 - 38 Eliezer Retells the Story -1  
 Lesson 122: Ch. 24, 39 - 43 Eliezer Retells the Story - 2  
 Lesson 123: Ch. 24, 45 - 49 Eliezer Retells the Story - 3  
 Lesson 124: Ch. 24, 50 - 54 The Shidduch is Made  
 Lesson 125: Ch. 24, 55 - 60 RivkaH Chooses to Leave  
 Lesson 126: Ch. 24, 61 - 67 Yitzchak Marries Rivkah

### Topic 3 - Avraham's Last Days:

Lesson 127: Ch. 25, 1 - 6 Avraham Remarries Hagar  
 Lesson 128: Ch. 25, 7 -11 Avraham Dies

### Topic 4 - Yishmael:

Lesson 129: Ch. 25, 12 - 18 Descendants of Yishmael

WEEK	SUN.	MON.	TUE.	WED.	THUR.	FRI.	SHABBOS
1 AUG. 7 - 13		Lesson 111	Lesson 112 Review 111	Lesson 113 Review 111-112	Lesson 114 Review 111-113	Lesson 115 Review 111-1114	Review 111-115
2 AUG. 14 -20	TISHA B'AV	Lesson 116 Review 111-115	Lesson 117 Review 116	Lesson 118 Review 116-117	Lesson 119 Review 116-118	Lesson 120 Review 116 -119	Review 116 - 120
3 AUG. 21 - 27	Lesson 121 Review 116 - 120	Lesson 122 Review 121	Lesson 123 Review 121-122	Lesson 124 Review 121-123	Lesson 125 Review 121-124	Lesson 126 Review 121-125	Review 121-126
4 AUG. 28 - SEPT. 3	Lesson 127 Review 121 - 126	Lesson 128 Review 127	Lesson 129 Review 127 - 128	Review 111- 116	Review 117- 123	Review 124-129	Review 111 - 129
5 SEPT. 4 - 10	REVIEW 1-27	REVIEW 28-55	REVIEW 56-82	REVIEW 83-110	REVIEW 111-129	REVIEW 1-65	REVIEW 66-129
6 SEPT. 11 - 17	TEST ON 5 PARSHIYOS						

## Torah Level Competency Program

- The goal of the Torah Level Competency Program is to have full comprehension and recall of the entire Tanach.
- This is achieved by 1) understanding the logical sequence of the entire Tanach; and 2) Constant review
- For the first month, this is accomplished through the following steps:
  1. Listening to the audio lessons Sunday thru Friday when new material is presented. Each day's lesson is approximately 15 minutes. Each lesson has a PDF with the Pesukim in Hebrew and review questions. The lesson covers an average of 5 Pesukim daily. **For maximum benefit, you should be looking at the Pesukim as the lesson is being heard.** Each lesson has 1) the Pesukim sung 1 time with the trop (cantillation); 2) a thorough explanation of the Pesukim; 3) The Pesukim sung 1 more time; 4) Questions on the Pesukim - with the answers. The questions are very comprehensive; basic questions are often repeated and developed, tracing the step-by step building of each pasuk. It is not necessary to write the answers; simply read and answer mentally.
  2. For optimum results, **immediately** after the lesson, review the day's lesson 4 times, inside the text, on your own or with a chavrusa (study partner). DO NOT cut these 4 reviews short, even if you feel you know the material already. You will gain speed and clarity with each review. Review Time: 15 minutes.
  3. Spend 15 minutes daily on "**cumulative weekly review**," to solidify your memory of previous Pesukim that you've learned during the week. Every day, at any time, review everything you have learned during the week to the present lesson. Although the amount of Pesukim will expand, it will not take longer, because you will develop more fluency, and have not had enough time to forget it. Time: 15 minutes. Even if you can't learn your full new lesson on a certain day, try **NEVER** to miss your "cumulative weekly review."
  4. Shabbos and Sundays are designated for reviewing everything you have learned in the Parsha so far. The amount of Pesukim you review will grow each week, but it will not take longer, as you will gain greater fluency with each review. The review should be done as follows
  5. On Shabbos, review all the pesukim inside the text 4 times. Time: 30 minutes. 2) Study all the review questions one time. Time: 15 minutes.
  6. On Sunday, listen to the song review tape 1 time of all the Pesukim you have learned during the week. By this time, you will **KNOW** the explanation as you review singing the Pesukim. This is the goal of the Torah Level Competency program: fluency and retention. Time: 15 minutes.

To Summarize: You will have learned each day's material once on the audio lesson, 4 more times immediately afterward, and 4 more times on Shabbos & Sunday. (in addition to the cumulative weekly reviews) This insures that you have read and understood the text of each pasuk at least 10 times by week's end (as well as the review questions). If this repetition seems tedious and unnecessary, be assured that this method will solidify your memory and understanding of Tanach, and assure your long term retention of the material.

Tests: Test days are scheduled on Sundays after the entire Parsha has been learned. There are 2 weeks of review before the Tests. The first week reviews the entire new Parsha. The second week reviews all 4 Parshiyos. Time: 30 minutes. On the Shabbos before the test, review the entire Parsha and review the questions once. Time: 45 minutes. You will have now reviewed all the material at least 12 times inside the text. You will receive a copy of the test late Saturday night. If you have followed this system, you should be able to finish the test in 30 minutes or less. This is an open book test. Take the test any time on Sunday and e-mail it back to the Rabbi.

**Measure Your Success: You will know 30 new Pesukim each week and the entire Parsha within 5 weeks with a total investment of 45 minutes a day.**

All audio classes and texts are on our website. There is no cost to join the program. Just e-mail the rabbi at [yossi@rogers.com](mailto:yossi@rogers.com) in order to register for the program.

You will need to have a Tanach or Chumash - with **NO ENGLISH TRANSLATION** - open in front of you while you learn. However, we do provide the daily Pesukim you will be learning each day on our website. You will need a Tanach or Chumash for your major reviews on Shabbos and Sunday.