

**Torah Level Mastery Program - Sefer Bereishis - Parshas Lech Lecha:**

Topics of Seder Lech Lecha & Learning Schedule:

**Topic 1 - Avram's Travels:**

- Lesson 52: Ch. 12, 1-4 Hashem Commands Avram to Leave Home
- Lesson 53: Ch. 12, 5-9 Avram Leaves Home & Enters Eretz Yisroel
- Lesson 54: Ch. 12, 10-13 Avram Descends to Egypt
- Lesson 55: Ch. 12, 14-17 Hashem Punishes Pharaoh
- Lesson 56: Ch. 12, 18 -20 Pharaoh Sends Avram Away Unharmd

**Topic 2 - Avram & Lot:**

- Lesson 57: Ch. 13, 1-4 Avram Returns to Canaan
- Lesson 58: Ch. 13, 5-8 Strife Between Avram & Lot's Shepherds
- Lesson 59: Ch. 13, 9- 13 Avram & Lot Separate
- Lesson 60: Ch. 13, 14-18 Hashem Promises the Land to Avram

**Topic 3 - The World at War:**

- Lesson 61: Ch. 14, 1-4 World War I
- Lesson 62: Ch. 14, 5- 8 World War II
- Lesson 63: Ch. 14, 9-12 Capture of Lot
- Lesson 64: Ch. 14, 13-16 Avram Rescues Lot / Wins Battle
- Lesson 65: Ch. 14, 17-20 Avram Meets Malki Tzedek
- Lesson 66: Ch. 14, 21-24 Avram Meets King of Sdom

**Topic 4 - Hashem's Covenant with Avram:**

- Lesson 67: Ch. 15, 1-6 Hashem Promises Avram Children
- Lesson 68: Ch. 15, 7-10 Covenant Between the Parts
- Lesson 69: Ch. 15, 11-16 Hashem Foretells Exile & Redemption from Egypt
- Lesson 70: Ch. 15, 17-21 Hashem Makes a Covenant with Avram for Eretz Yisroel

**Topic 5 - Hagar & Yishmael:**

- Lesson 71: Ch. 16, 1- 6 Hagar is Given to Avram
- Lesson 72: Ch. 16, 7-12 Appearance of Angel to Hagar
- Lesson 73: Ch. 16, 13-16 Birth of Yishmael

**Topic 6 - Circumcision:**

- Lesson 74: Ch. 17, 1-5 Name Change to Avraham
- Lesson 75: Ch. 17, 6- 9 The Promise of Children & the Land
- Lesson 76: Ch. 17,10-14 Command of Milah
- Lesson 77: Ch. 17,15-18 Name Change to Sara & Her Blessings
- Lesson 78: Ch. 17,19-22 Blessing of Hashem to Yishmael
- Lesson 79: Ch. 17, 23-27 Bris Milah of Avraham & Yishmael

WEEK	SUN.	MON.	TUE.	WED.	THUR.	FRI.	SHABBOS
1 MAR. 13-19		Lesson 52	Lesson 53 Review 52	Lesson 54 Review 52-53	Lesson 55 Review 52-54	Lesson 56 Review 52-55	Review 52-56 & Review 1-6
2 MAR. 20-26	Lesson 57 Audio Review 52-56	Lesson 58 Review 57	Lesson 59 Review 57-58	Lesson 60 Review 57-59	PURIM	Lesson 61 Review 57 -60	Review 57-61 & Review 7-12
3 MAR. 27 - APR. 2	Lesson 62 Audio Review 57-61	Lesson 63 Review 62	Lesson 64 Review 62-63	Lesson 65 Review 62-64	Lesson 66 Review 62-65	Lesson 67 Review 62-66	Review 62-67 & Review 13 -19
4 APR. 3-9	Lesson 68 Audio Review 62-67	Lesson 69 Review 68	Lesson 70 Review 68-69	Lesson 71 Review 68-70	Lesson 72 Review 68-71	Lesson 73 Review 68-72	Review 68-73 & Review 20-26

5 APR. 10-16	Lesson 74 Audio Review 68-73	Lesson 75 Review 74	Lesson 76 Review 74-75	Lesson 77 Review 74-76	Lesson 78 Review 74-77	Lesson 79 Review 74-78	Review 74 -79 & Review 1-26
6 APR. 17 -23	Audio Review 74-79	REVIEW 52-56	REVIEW 57-61	REVIEW 62-67	REVIEW 68-73	EREV PESACH	REVIEW 74-79
7 APR. 24 -30	REVIEW 1-18	REVIEW 18 - 36	REVIEW 37-51	REVIEW 52-61	REVIEW 62-79	REVIEW 1-36	REVIEW 37-79
8 MAY 1	TEST ON 3 PARSHIOS						

### Torah Level Competency Program

- The goal of the Torah Level Competency Program is to have full comprehension and recall of the entire Tanach.
- This is achieved by 1) understanding the logical sequence of the entire Tanach; and 2) Constant review
- For the first month, this is accomplished through the following steps:
  1. Listening to the audio lessons Sunday thru Friday when new material is presented. Each day's lesson is approximately 15 minutes. Each lesson has a PDF with the Pesukim in Hebrew and review questions. The lesson covers an average of 5 Pesukim daily. **For maximum benefit, you should be looking at the Pesukim as the lesson is being heard.** Each lesson has 1) the Pesukim sung 2 times with the trop (cantillation); 2) a thorough explanation of the Pesukim; 3) The Pesukim sung 2 more times; 4) Questions on the Pesukim - with the answers. The questions are very comprehensive; basic questions are often repeated and developed, tracing the step-by step building of each pasuk. It is not necessary to write the answers; simply read and answer mentally.
  2. For optimum results, **immediately** after the lesson, review the day's lesson 4 times, inside the text, on your own or with a chavrusa (study partner). DO NOT cut these 4 reviews short, even if you feel you know the material already. You will gain speed and clarity with each review. Review Time: 15 minutes.
  3. Spend 15 minutes daily on "**cumulative weekly review**," to solidify your memory of previous Pesukim that you've learned during the week. Every day, at any time, review everything you have learned during the week to the present lesson. Although the amount of Pesukim will expand, it will not take longer, because you will develop more fluency, and have not had enough time to forget it. Time: 15 minutes. Even if you can't learn your full new lesson on a certain day, try **NEVER** to miss your "cumulative weekly review."
  4. Shabbos and Sundays are designated for reviewing everything you have learned in the Parsha so far. The amount of Pesukim you review will grow each week, but it will not take longer, as you will gain greater fluency with each review. The review should be done as follows
    5. On Shabbos, review all the pesukim inside the text 4 times. Time: 30 minutes. 2) Study all the review questions one time. Time: 15 minutes.
    6. On Sunday, listen to the song review tape 1 time of all the Pesukim you have learned during the week. By this time, you will **KNOW** the explanation as you review singing the Pesukim. This is the goal of the Torah Level Competency program: fluency and retention. Time: 15 minutes.

To Summarize: You will have learned each day's material once on the audio lesson, 4 more times immediately afterward, and 4 more times on Friday and Shabbos. (in addition to the cumulative weekly reviews) This insures that you have read and understood the text of each pasuk at least 10 times by week's end (as well as the review questions). If this repetition seems tedious and unnecessary, be assured that this method will solidify your memory and understanding of Tanach, and assure your long term retention of the material.

Tests: Test days are scheduled on Sundays after the entire Parsha has been learned. There are 3-5 review days before the Tests. On each day, listen to the audio review for each week and review the questions. Time: 30 minutes. On the Shabbos before the test, review the entire Parsha and review the questions once. Time: 45 minutes. You will have now reviewed all the material at least 12 times inside the text. You will receive a copy of the test late Saturday night. If you have followed this system, you should be able to finish the test in 30 minutes or less. This is a closed book test. Take the test any time on Sunday and e-mail it back to the Rabbi.

**Measure Your Success: You will know 30 new Pesukim each week and the entire Parsha within 5 weeks with a total investment of 45 minutes a day.**

All audio classes and texts are on our website. There is no cost to join the program. Just e-mail the rabbi at [yossi@rogers.com](mailto:yossi@rogers.com) in order to register for the program.

You will need to have a Tanach or Chumash - with **NO ENGLISH TRANSLATION** - open in front of you while you learn. However, we do provide the daily Pesukim you will be learning each day on our website. You will need a Tanach or Chumash for your major reviews on Shabbos and Sunday.