

## Torah Level Mastery Program - Sefer Bereishis - Parshas Noach:

Topics of Seder Bereishis & Learning Schedule:

### **Topic 1: The Mabul (Great Flood) - Lessons 27 -36**

Lesson 27: Ch. 6, 9-12	Noach & His Times
Lesson 28: Ch. 6, 13-17	Hashem Commands Noach to Built the Teiva (Ark)
Lesson 29: Ch. 6, 18-22	Hashem Instructs Noach Who to Bring into the Teiva
Lesson 30: Ch. 7, 1-4	Hashem Commands Noach to Enter the Teiva
Lesson 31: Ch. 7, 5-9	Noach Enters the Teiva
Lesson 32: Ch. 7, 10-16	40 Days of the Mabul
Lesson 33: Ch. 7, 17-24	The Days of the Surging of the Waters
Lesson 34: Ch. 8, 1- 5	The Mabul Recedes
Lesson 35: Ch. 8, 6-10	Sending Out the Raven and the Dove
Lesson 36: Ch. 8, 11-14	The Earth is Dry

### **Topic 2: Aftermath of the Mabul- Lessons 37-43**

Lesson 37: Ch. 8, 15-19	Exit From the Teiva
Lesson 38: Ch. 8 20 - Ch.9,1	Noach Brings Korbonos
Lesson 39: Ch. 9,2-7	Hashem's Blessings & warnings to Noach
Lesson 40: Ch. 9, 8-12	Hashem's Covenant with Noach
Lesson 41: Ch. 9, 13-17	The Sign of the Rainbow
Lesson 42: Ch. 9, 18-23	Noach Gets Drunk
Lesson 43: Ch. 9, 24 -19	Curse of Cana'an & Blessings of Shem and Yefes

### **Topic 3: Descendents of Yefes, Cham, and Shem - Lessons 44-47**

Lesson 44: Ch. 10, 1-5	Descendants of Yefes
Lesson 45: Ch. 10, 6-14	Descendants of Cham
Lesson 46: Ch. 10, 15-20	Descendants of Cana'an
Lesson 47: Ch. 10, 21-32	Descendants of Shem

### **Topic 4: Tower of Bavel - Lessons 48-49**

Lesson 48: Ch. 11, 1- 4	Construction of the Tower
Lesson 49: Ch. 11, 5-9	Hashem's Response

### **Topic 5: Ten Generations From Noach to Avraham - Lessons 50-26**

Lesson 50: Ch. 12, 1-25	First 9 Generations
Lesson 51: Ch. 12, 26-32	Descendants of Terach

WEEK	SUN.	MON.	TUE.	WED.	THUR.	FRI.	SHABBOS
1 FEB. 7-13		Lesson 27	Lesson 28 Review 27	Lesson 29 Review 27-28	Lesson 30 Review 27-29	Lesson 31 Review 27-30	Review 27-31 & Review 1-6
2 FEB. 14-20	Lesson 32 Audio Review 27-31	Lesson 33 Review 32	Lesson 34 Review 32-33	Lesson 35 Review 32-34	Lesson 36 Review 32-35	Lesson 37 Review 32-36	Review 32-37 & Review 7-12
3 FEB. 21-27	Lesson 38 Audio Review 32-37	Lesson 39 Review 38	Lesson 40 Review 38-39	Lesson 41 Review 38-40	Lesson 42 Review 38-41	Lesson 43 Review 38-42	Review 38-43 & Review 13 -19
4 FEB. 28 - Mar. 5	Lesson 44 Audio Review 38-43	Lesson 45 Review 44	Lesson 46 Review 44-45	Lesson 47 Review 44-46	Lesson 48 Review 44-47	Lesson 49 Review 44-48	Review 44-49 & Review 20-26
5 MAR. 6-12	Lesson 50 Audio Review 44-49	Lesson 51 Review 50	Audio Review 27-31	Audio Review 32-37	Audio Review 38-43	Audio Review 43-49	Review 27-51 & Review 1-26
6 MAR. 13-19	Test on Noach / Breishis	Start Lech Lecha					

## Torah Level Competency Program

- The goal of the Torah Level Competency Program is to have full comprehension and recall of the entire Tanach.
- This is achieved by 1) understanding the logical sequence of the entire Tanach; and 2) Constant review
- For the first month, this is accomplished through the following steps:
  1. Listening to the audio lessons Sunday thru Friday when new material is presented. Each day's lesson is approximately 15 minutes. Each lesson has a PDF with the Pesukim in Hebrew and review questions. The lesson covers an average of 5 Pesukim daily. **For maximum benefit, you should be looking at the Pesukim as the lesson is being heard.** Each lesson has 1) the Pesukim sung 2 times with the trop (cantillation); 2) a thorough explanation of the Pesukim; 3) The Pesukim sung 2 more times; 4) Questions on the Pesukim - with the answers. The questions are very comprehensive; basic questions are often repeated and developed, tracing the step-by step building of each pasuk. It is not necessary to write the answers; simply read and answer mentally.
  2. For optimum results, **immediately** after the lesson, review the day's lesson 4 times, inside the text, on your own or with a chavrusa (study partner). DO NOT cut these 4 reviews short, even if you feel you know the material already. You will gain speed and clarity with each review. Review Time: 15 minutes.
  3. Spend 15 minutes daily on "**cumulative weekly review**," to solidify your memory of previous Pesukim that you've learned during the week. Every day, at any time, review everything you have learned during the week to the present lesson. Although the amount of Pesukim will expand, it will not take longer, because you will develop more fluency, and have not had enough time to forget it. Time: 15 minutes. Even if you can't learn your full new lesson on a certain day, try **NEVER** to miss your "cumulative weekly review."
  4. Shabbos and Sundays are designated for reviewing everything you have learned in the Parsha so far. The amount of Pesukim you review will grow each week, but it will not take longer, as you will gain greater fluency with each review. The review should be done as follows
  5. On Shabbos, review all the pesukim inside the text 4 times. Time: 30 minutes. 2) Study all the review questions one time. Time: 15 minutes.
  6. On Sunday, listen to the song review tape 1 time of all the Pesukim you have learned during the week. By this time, you will **KNOW** the explanation as you review singing the Pesukim. This is the goal of the Torah Level Competency program: fluency and retention. Time: 15 minutes.

To Summarize: You will have learned each day's material once on the audio lesson, 4 more times immediately afterward, and 4 more times on Friday and Shabbos. (in addition to the cumulative weekly reviews) This insures that you have read and understood the text of each pasuk at least 10 times by week's end (as well as the review questions). If this repetition seems tedious and unnecessary, be assured that this method will solidify your memory and understanding of Tanach, and assure your long term retention of the material.

Tests: Test days are scheduled on Sundays after the entire Parsha has been learned. There are 3-5 review days before the Tests. On each day, listen to the audio review for each week and review the questions. Time: 30 minutes. On the Shabbos before the test, review the entire Parsha and review the questions once. Time: 45 minutes. You will have now reviewed all the material at least 12 times inside the text. You will receive a copy of the test late Saturday night. If you have followed this system, you should be able to finish the test in 30 minutes or less. This is a closed book test. Take the test any time on Sunday and e-mail it back to the Rabbi.

**Measure Your Success: You will know 30 new Pesukim each week and the entire Parsha within 5 weeks with a total investment of 45 minutes a day.**

All audio classes and texts are on our website. There is no cost to join the program. Just e-mail the rabbi at [yossi@rogers.com](mailto:yossi@rogers.com) in order to register for the program.

You will need to have a Tanach or Chumash - with **NO ENGLISH TRANSLATION** - open in front of you while you learn. However, we do provide the daily Pesukim you will be learning each day on our website. You will need a Tanach or Chumash for your major reviews on Shabbos and Sunday.