

## Torah Level Mastery Program - Sefer Bereishis - Parshas Vayeira:

Topics of Seder Vayeira & Learning Schedule:

### **Topic 1 - The Visitors:**

Lesson 80: Ch. 18, 1-5	Avraham Convinces the Visitors to Come
Lesson 81: Ch. 18, 6-9	Hachnosas Orchim of Avraham
Lesson 82: Ch. 18, 10-15	Prediction of Sarah having a son
Lesson 83: Ch. 18, 16 -19	God Decides to Inform Avraham of the Destruction of Sodom
Lesson 84: Ch. 18, 20 -22	God Tells Avraham of the Destruction of Sodom
Lesson 85: Ch. 18, 23 - 28	Avraham's Prays for Sodom 2 times
Lesson 86: Ch. 18, 29 - 33	Avraham Prays for Sodom 4 more times

### **Topic 2 - Destruction of Sodom:**

Lesson 87: Ch. 19 1-4	Lot takes in guests
Lesson 88: Ch. 19, 5-9	People of Sodom react
Lesson 89: Ch. 19, 10 - 13	The angels protect Lot
Lesson 90: Ch. 19, 14 - 17	The angels Hurry Lot
Lesson 91: Ch. 19, 18 - 22	The angels permit Lot to escape to Tzoar
Lesson 92: Ch. 19, 23 - 28	Hashem destroys Sedom
Lesson 93: Ch. 19, 29 - 33	Plans of Lot's daughters
Lesson 94: Ch. 19, 34 - 38	Origins of Moav and Amon

### **Topic 3 - Sarah & Avimelech:**

Lesson 95: Ch. 20, 1- 5	Avimelech Takes Sarah
Lesson 96: Ch. 20, 6 - 9	Hashem punishes Avimelech
Lesson 97: Ch. 20, 10 -13	Avimelech confronts Avraham
Lesson 98: Ch. 20, 14 -18	Avimelech reconciles with Avraham

### **Topic 4 - Yitzchak & Yishmael:**

Lesson 99: Ch. 21, 1-7	Birth of Yitzchak
Lesson 100: Ch. 21, 8-13	Sarah wants Hagar & Yishmael banishes
Lesson 101: Ch. 21, 14-16	Avraham Banishes Hagar & Yishmael
Lesson 102: Ch. 21, 17-21	Hashem saves Yishmael

### **Topic 5 -The Treaty at Be-er Sheva:**

Lesson 103: Ch. 21, 22 - 26	Avimelech meets Avraham
Lesson 104: Ch. 21, 27 - 29	A treaty is made
Lesson 105: Ch. 21, 30 - 33	Avraham lives in Be-er Sheva

### **Topic 6 - Binding of Yitzchak:**

Lesson 106: Ch. 21, 1-5	Avraham heeds Hashem's command
Lesson 107: Ch. 22, 6- 10	Avraham is prepared to sacrifice Yitzchak
Lesson 108: Ch. 22,11-14	Hashem stops Avraham
Lesson 109: Ch. 22,15-18	Hashem blesses Avraham
Lesson 110: Ch. 22,19-24	Aftermath of Akeida

WEEK	SUN.	MON.	TUE.	WED.	THUR.	FRI.	SHABBOS
1 JUNE 19 - 25	Lesson 80	Lesson 81 Review 80	Lesson 82 Review 80 - 81	Lesson 83 Review 80 - 82	Lesson 84 Review 80 - 83	Lesson 85 Review 80 - 84	Review 80 -85
2 JUNE 26 - JULY 2	Lesson 86 Review 80-85	Lesson 87 Review 86	Lesson 88 Review 86-88	Lesson 89 Review 86-89	Lesson 90 Review 86-90	Lesson 91 Review 86 -90	Review 86 - 91

3 JULY 3 -9	Lesson 92 Review 80 -85	Lesson 93 Review 92	Lesson 94 Review 92-93	Lesson 95 Review 92-94	Lesson 96 Review 92-95	Lesson 97 Review 92 - 96	Review 92-97
4 JULY 10 - 16	Lesson 98 Review 80 - 91	Lesson 99 Review 98	Lesson 100 Review 98-99	Lesson 101 Review 98-100	Lesson 102 Review 98-101	Lesson 103 Review 98-102	Review 98-103
5 JULY 17 - 23	Lesson 104 Audio Review 80 - 97	Lesson 105 Review 104	Lesson 106 Review 104-105	Lesson 107 Review 104-106	Lesson 108 Review 104-107	Lesson 109 Review 104-108	Review 104 -109
6 JULY 24 - 30	Lesson 110 Review 80 - 85	REVIEW 86 - 91	REVIEW 92 - 97	REVIEW 98 - 103	REVIEW 104 - 110		REVIEW 80 - 110
7 JULY 31 - AUG. 6	REVIEW 1-26	REVIEW 27 - 52	REVIEW 53 - 79	REVIEW 80 - 95	REVIEW 95 - 110	REVIEW 1-55	REVIEW 56 -110
8 AUG. 7 - 13	TEST ON 4 PARSHIOS						

### Torah Level Competency Program

- The goal of the Torah Level Competency Program is to have full comprehension and recall of the entire Tanach.
- This is achieved by 1) understanding the logical sequence of the entire Tanach; and 2) Constant review
- For the first month, this is accomplished through the following steps:
  1. Listening to the audio lessons Sunday thru Friday when new material is presented. Each day's lesson is approximately 15 minutes. Each lesson has a PDF with the Pesukim in Hebrew and review questions. The lesson covers an average of 5 Pesukim daily. **For maximum benefit, you should be looking at the Pesukim as the lesson is being heard.** Each lesson has 1) the Pesukim sung 1 time with the trop (cantillation); 2) a thorough explanation of the Pesukim; 3) The Pesukim sung 1 more time; 4) Questions on the Pesukim - with the answers. The questions are very comprehensive; basic questions are often repeated and developed, tracing the step-by step building of each pasuk. It is not necessary to write the answers; simply read and answer mentally.
  2. For optimum results, **immediately** after the lesson, review the day's lesson 4 times, inside the text, on your own or with a chavrusa (study partner). DO NOT cut these 4 reviews short, even if you feel you know the material already. You will gain speed and clarity with each review. Review Time: 15 minutes.
  3. Spend 15 minutes daily on "**cumulative weekly review**," to solidify your memory of previous Pesukim that you've learned during the week. Every day, at any time, review everything you have learned during the week to the present lesson. Although the amount of Pesukim will expand, it will not take longer, because you will develop more fluency, and have not had enough time to forget it. Time: 15 minutes. Even if you can't learn your full new lesson on a certain day, try **NEVER** to miss your "cumulative weekly review."
  4. Shabbos and Sundays are designated for reviewing everything you have learned in the Parsha so far. The amount of Pesukim you review will grow each week, but it will not take longer, as you will gain greater fluency with each review. The review should be done as follows
  5. On Shabbos, review all the pesukim inside the text 4 times. Time: 30 minutes. 2) Study all the review questions one time. Time: 15 minutes.
  6. On Sunday, listen to the song review tape 1 time of all the Pesukim you have learned during the week. By this time, you will **KNOW** the explanation as you review singing the Pesukim. This is the goal of the Torah Level Competency program: fluency and retention. Time: 15 minutes.

To Summarize: You will have learned each day's material once on the audio lesson, 4 more times immediately afterward, and 4 more times on Shabbos & Sunday. (in addition to the cumulative weekly reviews) This insures that you have read and understood the text of each pasuk at least 10 times by week's end (as well as the review questions). If this repetition seems tedious and unnecessary, be assured that this method will solidify your memory and understanding of Tanach, and assure your long term retention of the material.

Tests: Test days are scheduled on Sundays after the entire Parsha has been learned. There are 2 weeks of review before the Tests. The first week reviews the entire new Parsha. The second week reviews all 4 Parshiyos. Time: 30 minutes. On the Shabbos before the test, review the entire Parsha and review the questions once. Time: 45 minutes. You will have now reviewed all the material at least 12 times inside the text. You will receive a copy of the test late Saturday night. If you have followed this system, you should be able to finish the test in 30 minutes or less. This is an open book test. Take the test any time on Sunday and e-mail it back to the Rabbi.

**Measure Your Success: You will know 30 new Pesukim each week and the entire Parsha within 5 weeks with a total investment of 45 minutes a day.**

All audio classes and texts are on our website. There is no cost to join the program. Just e-mail the rabbi at [yossi@rogers.com](mailto:yossi@rogers.com) in order to register for the program.

You will need to have a Tanach or Chumash - with **NO ENGLISH TRANSLATION** - open in front of you while you learn. However, we do provide the daily Pesukim you will be learning each day on our website. You will need a Tanach or Chumash for your major reviews on Shabbos and Sunday.