

Torah Level Mastery Program - Sefer Bereishis - Parshas Vayetze

Topics of Seder Vayetze & Learning Schedule:

Topic 1 - Dream of the Ladder:

Lesson 149: Ch. 28, 10 - 15 Dream of the Ladder
Lesson 150: Ch. 28, 16 - 21 Yaakov's Vow

Topic 2 - Yaakov Marries Leah & Rachel:

Lesson 151: Ch. 29, 1 - 6 Yaakov Arrives in Charan
Lesson 152: Ch. 29, 7 - 12 Yaakov Meets Rachel
Lesson 153: Ch. 29, 13 - 19 Lavan Agree Marry Off Rachel to Yaakov
Lesson 154: Ch. 29, 20 - 25 Lavan Switches Leah for Rachel
Lesson 155: Ch. 29, 26 - 30 Yaakov Marries Rachel
Lesson 156: Ch. 29, 31 - 35 Leah Gives Birth to 4 Sons

Topic 3 - Yaakov's Wives Bear 12 Children:

Lesson 157: Ch. 30, 1 - 6 Yaakov Marries Bilhah
Lesson 158: Ch. 30, 7 - 13 Yaakov Marries Zilpah
Lesson 159: Ch. 30, 14 - 18 The Birth of Yisacher
Lesson 160: Ch. 30, 19 - 24 The Births of Zebulun & Yosef

Topic 4 - Yaakov Works for Lavan:

Lesson 161: Ch. 30, 25 - 30 Yaakov Wants to Work for Lavan
Lesson 162: Ch. 30, 31 - 34 Yaakov & Lavan Reach an Agreement
Lesson 163: Ch. 30, 35 - 39 Yaakov Places Sticks Before the Sheep
Lesson 164: Ch. 30, 40 - 43 Yaakov Becomes Wealthy

Topic 5 - Yaakov Leaves Charan:

Lesson 165: Ch. 31, 1 - 7 Hashem Orders Yaakov to Leave
Lesson 166: Ch. 31, 8 - 13 Yaakov Informs His Wives of Hashem's Orders
Lesson 167: Ch. 31, 14 - 19 Yaakov Leaves Charan
Lesson 168: Ch. 31, 20 - 25 Lavan Overtakes Yaakov
Lesson 169: Ch. 31, 26 - 30 Lavan Accuses Yaakov
Lesson 170: Ch. 31, 31 - 35 Lavan Searches Yaakov's Tents
Lesson 171: Ch. 31, 36 - 39 Yaakov Responds to Lavan
Lesson 172: Ch. 31, 40 - 44 Lavan's Response to Yaakov
Lesson 173: Ch. 31, 45 - 50 Yaakov Creates a Pile of Witness
Lesson 174: Ch. 31, 51 - Ch. 32, 3 Yaakov & Lavan Make Oaths and Separate

WEEK	SUN.	MON.	TUE.	WED.	THUR.	FRI.	SHABBOS
1 OCT. 30 - NOV. 5	Lesson 149	Lesson 150 Review 149	Lesson 151 Review 149 - 150	Lesson 152 Review 149 -151	Lesson 153 Review 149-152	Lesson 154 Review 149-153	Review 149 -154
2 NOV. 6 -12	Lesson 155 Review 149-154	Lesson 156 Review 155	Lesson 157 Review 155 -156	Lesson 158 Review 155-157	Lesson 159 Review 155-158	Lesson 160 Review 155 -159	Review 155 - 160
3 NOV. 13 - 19	Lesson 161 Review 155 - 160	Lesson 162 Review 161	Lesson 163 Review 161-162	Lesson 164 Review 161-163	Lesson 165 Review 161-164	Lesson 166 Review 161-165	Review 161-166
4 NOV. 20 -26	Lesson 167 Review 161 - 166	Lesson 168 Review 167	Lesson 169 Review 167 - 168	Lesson 170 Review 167 - 169	Lesson 171 Review 167-170	Lesson 172 Review 167 -171	Review 167 - 172
5 NOV. 27 - DEC. 3	Lesson 173 Review 167 - 172	Lesson 174	REVIEW 1-55	REVIEW 56 -110	REVIEW 111-148	REVIEW 149 - 161	REVIEW 162-174
6 DEC. 4 -10	TEST ON 7 PARSHIYOS						

Torah Level Competency Program

- The goal of the Torah Level Competency Program is to have full comprehension and recall of the entire Tanach.
- This is achieved by 1) understanding the logical sequence of the entire Tanach; and 2) Constant review
- For the first month, this is accomplished through the following steps:
 1. Listening to the audio lessons Sunday thru Friday when new material is presented. Each day's lesson is approximately 15 minutes. Each lesson has a PDF with the Pesukim in Hebrew and review questions. The lesson covers an average of 5 Pesukim daily. **For maximum benefit, you should be looking at the Pesukim as the lesson is being heard.** Each lesson has 1) the Pesukim sung 1 time with the trop (cantillation); 2) a thorough explanation of the Pesukim; 3) The Pesukim sung 1 more time; 4) Questions on the Pesukim - with the answers. The questions are very comprehensive; basic questions are often repeated and developed, tracing the step-by step building of each pasuk. It is not necessary to write the answers; simply read and answer mentally.
 2. For optimum results, **immediately** after the lesson, review the day's lesson 4 times, inside the text, on your own or with a chavrusa (study partner). DO NOT cut these 4 reviews short, even if you feel you know the material already. You will gain speed and clarity with each review. Review Time: 15 minutes.
 3. Spend 15 minutes daily on "**cumulative weekly review**," to solidify your memory of previous Pesukim that you've learned during the week. Every day, at any time, review everything you have learned during the week to the present lesson. Although the amount of Pesukim will expand, it will not take longer, because you will develop more fluency, and have not had enough time to forget it. Time: 15 minutes. Even if you can't learn your full new lesson on a certain day, try **NEVER** to miss your "cumulative weekly review."
 4. Shabbos and Sundays are designated for reviewing everything you have learned in the Parsha so far. The amount of Pesukim you review will grow each week, but it will not take longer, as you will gain greater fluency with each review. The review should be done as follows
 5. On Shabbos, review all the pesukim inside the text 4 times. Time: 30 minutes. 2) Study all the review questions one time. Time: 15 minutes.
 6. On Sunday, listen to the song review tape 1 time of all the Pesukim you have learned during the week. By this time, you will **KNOW** the explanation as you review singing the Pesukim. This is the goal of the Torah Level Competency program: fluency and retention. Time: 15 minutes.

To Summarize: You will have learned each day's material once on the audio lesson, 4 more times immediately afterward, and 4 more times on Shabbos & Sunday. (in addition to the cumulative weekly reviews) This insures that you have read and understood the text of each pasuk at least 10 times by week's end (as well as the review questions). If this repetition seems tedious and unnecessary, be assured that this method will solidify your memory and understanding of Tanach, and assure your long term retention of the material.

Tests: Test days are scheduled on Sundays after the entire Parsha has been learned. There are 2 weeks of review before the Tests. The first week reviews the entire new Parsha. The second week reviews all 4 Parshiyos. Time: 30 minutes. On the Shabbos before the test, review the entire Parsha and review the questions once. Time: 45 minutes. You will have now reviewed all the material at least 12 times inside the text. You will receive a copy of the test late Saturday night. If you have followed this system, you should be able to finish the test in 30 minutes or less. This is an open book test. Take the test any time on Sunday and e-mail it back to the Rabbi.

Measure Your Success: You will know 30 new Pesukim each week and the entire Parsha within 5 weeks with a total investment of 45 minutes a day.

All audio classes and texts are on our website. There is no cost to join the program. Just e-mail the rabbi at yossi@rogers.com in order to register for the program.

You will need to have a Tanach or Chumash - with **NO ENGLISH TRANSLATION** - open in front of you while you learn. However, we do provide the daily Pesukim you will be learning each day on our website. You will need a Tanach or Chumash for your major reviews on Shabbos and Sunday.