

## Torah Level Mastery Program - Sefer Rus:

Topics of Sefer Rus & Learning Schedule:

### **Topic 1: Lessons 1-8 - Travels & Tribulations of Na'ami:**

- Lesson 1: Ch. 1, 1-2 : Avimelech & his family leave the land of Israel
- Lesson 2: Ch. 1, 3-5: The Deaths of Avimelech & his sons
- Lesson 3: Ch. 1, 6-7: Na'ami & her daughter-in-laws return to Yehuda
- Lesson 4: Ch. 1, 8-10: Na'ami's first coaxing of her daughter-in-law's to Return Home
- Lesson 5: Ch. 1, 11-13: Na'ami's second coaxing of her daughter-in-law's to Return Home
- Lesson 6: Ch. 1, 14 - 15: Orpah Separates from Nanami & Rus stays
- Lesson 7: Ch. 1, 16 -18: Rus' clings to Na'ami
- Lesson 8: Ch. 1, 19 - 22: Na'ami meets the people of Beis Lechem

### **Topic 2: Lessons 9-15 - Boaz Takes Care of Rus**

- Lesson 9: Ch.2, 1- 4: Rus in the field of Boaz
- Lesson 10: Ch. 2, 5-7: Boaz takes an interest in Rus
- Lesson 11: Ch. 2, 8-9: Boaz Asks Rus to collect from his field
- Lesson 12: Ch. 2, 10 -13: Boaz reveals the reason for his attitude to Rus
- Lesson 13: Ch. 2, 14 - 17: Boaz's treatment of Rus
- Lesson 14: Ch. 2, 18 - 20: Na'ami's reaction to Ruth's encounter with Boaz
- Lesson 15: Ch. 2, 21 - 23: Rus continues collecting until the end of the Harvest

### **Topic 3: Lessons 16 - 21 - Rus in the Threshing Floor of Boaz**

- Lesson 16: Ch. 3, 1- 4: Na'ami advises Rus to meet with Boaz
- Lesson 17: Ch. 3, 5- 7: Rus comes to Boaz
- Lesson 18: Ch. 3, 8- 10: Boaz reacts to Rus
- Lesson 19: Ch. 3, 11 - 13: Boaz Promises to Redeem Rus
- Lesson 20: Ch. 3, 14 - 15: Boaz Sends Rus from the threshing floor
- Lesson 21: Ch. 3, 16-18: Na'ami reacts to Boaz's actions

### **Topic 4: T- Lessons 22-26 - Boaz Redeems Rus**

- Lesson 22: Ch. 4, 1-2: Boaz organizes for the redemption of Rus
- Lesson 23: Ch. 4, 3-5: Boaz makes the offer to the Redeemer
- Lesson 24: Ch. 4, 6-8: The Redeemer's Refusal
- Lesson 25: Ch. 4, 9-10: Boaz Offers to Redeem Rus
- Lesson 26: Ch. 4, 11- 12: The People agree to Boaz's Offer

### **Topic 5: - Lessons 27 -29 - Aftermath of the Redemption**

- Lesson 27: Ch. 4, 13 - 15: Marriage of Boaz & Rus & Birth of a Son
- Lesson 28: Ch. 4, 16 - 17: Na'ami Raises the Child & the Child's Descendants until Dovid
- Lesson 29: Ch. 4, 18 - 22: Ancestry of Dovid to Peretz son of Yehuda

WEEK	SUN.	MON.	TUE.	WED.	THUR.	FRI.	SHABBOS
1 MAY 8 -14	Lesson 1	Lesson 2 Review 1	Lesson 3 Review 1-2	Lesson 4 Review 1-3	Lesson 5 Review 1-4	Lesson 6 Review 1-5	Review 1-6
2 MAY 15 - 21	Lesson 7	Lesson 8 Review 7	Lesson 9 Review 7-8	Lesson 10 Review 7-9	Lesson 11 Review 7-10	Lesson 12 Review 7-11	Review 7-12
3 MAY 22-28	Lesson 13	Lesson 14 Review 13	Lesson 15 Review 13-14	Lesson 16 Review 13-15	Lesson 17 Review 13-17	Lesson 18 Review 13 -17	Review 13 -18
4 MAY 29 - JUNE 4	Lesson 19	Lesson 20 Review 19	Lesson 21 Review 19- 20	Lesson 22 Review 19 -21	Lesson 23 Review 19 - 22	Lesson 24 Review 19 -23	Review 19 - 24
5 JUNE 5-11	Lesson 25	Lesson 26 Review 25	Lesson 27 Review 25 - 26	Lesson 28 Review 25 -27	Lesson 29 Review 25 -28	Get Ready for Yom Tov	Review 25 -29
6 JUNE 12-18	Review 1-29	Review 1-29	Test on Sefer Rus				

## Torah Level Competency Program

- The goal of the Torah Level Competency Program is to have full comprehension and recall of the entire Tanach.
  - This is achieved by 1) understanding the logical sequence of the entire Tanach; and 2) Constant review
  - For the first month, this is accomplished through the following steps:
1. Listening to the audio lessons Sunday thru Friday when new material is presented. Each day's lesson is approximately 15 minutes. Each lesson has a PDF with the Pesukim in Hebrew and review questions. The lesson covers an average of 5 Pesukim daily. **For maximum benefit, you should be looking at the Pesukim as the lesson is being heard.** Each lesson has 1) the Pesukim sung 2 times with the trop (cantillation); 2) a thorough explanation of the Pesukim; 3) The Pesukim sung 2 more times; 4) Questions on the Pesukim - with the answers. The questions are very comprehensive; basic questions are often repeated and developed, tracing the step-by step building of each pasuk. It is not necessary to write the answers; simply read and answer mentally.
  2. For optimum results, **immediately** after the lesson, review the day's lesson 4 times, inside the text, on your own or with a chavrusa (study partner). DO NOT cut these 4 reviews short, even if you feel you know the material already. You will gain speed and clarity with each review. Review Time: 15 minutes.
  3. Spend 15 minutes daily on "**cumulative weekly review**," to solidify your memory of previous Pesukim that you've learned during the week. Every day, at any time, review everything you have learned during the week to the present lesson. Although the amount of Pesukim will expand, it will not take longer, because you will develop more fluency, and have not had enough time to forget it. Time: 15 minutes. Even if you can't learn your full new lesson on a certain day, try **NEVER** to miss your "cumulative weekly review."
  4. **Shabbos** is designated for reviewing everything you have learned in the Parsha so far. The amount of Pesukim you review will grow each week, but it will not take longer, as you will gain greater fluency with each review. The review should be done as follows
  5. On Shabbos, review all the pesukim inside the text 4 times. Time: 30 minutes. 2) Study all the review questions one time. Time: 15 minutes. By this time, you will **KNOW** the explanation as you review singing the Pesukim. This is the goal of the Torah Level Competency program: fluency and retention. Time: 15 minutes.

To Summarize: You will have learned each day's material once on the audio lesson, 4 more times immediately afterward, and 4 more times on Friday and Shabbos. (in addition to the cumulative weekly reviews) This insures that you have read and understood the text of each pasuk at least 10 times by week's end (as well as the review questions). If this repetition seems tedious and unnecessary, be assured that this method will solidify your memory and understanding of Tanach, and assure your long term retention of the material.

Tests: Test days are scheduled on Sundays after the entire Parsha has been learned. There are 3-5 review days before the Tests. On each day, listen to the audio review for each week and review the questions. Time: 30 minutes. On the Shabbos before the test, review the entire Parsha and review the questions once. Time: 45 minutes. You will have now reviewed all the material at least 12 times inside the text. You will receive a copy of the test late Saturday night. If you have followed this system, you should be able to finish the test in 30 minutes or less. This is a closed book test. Take the test any time on Sunday and e-mail it back to the Rabbi.

**Measure Your Success: You will know the entire book of Rus in 5 weeks with a total investment of 45 minutes a day.**

All audio classes and texts are on our website. There is no cost to join the program. Just e-mail the rabbi at [yossi@rogers.com](mailto:yossi@rogers.com) in order to register for the program.

You will need to have a Tanach or Chumash - with **NO ENGLISH TRANSLATION** - open in front of you while you learn. However, we do provide the daily Pesukim you will be learning each day on our website. You will need a Tanach or Chumash for your major reviews on Shabbos and Sunday.