

Parshas Noach 5787 • Peace of Mind Shabbos

FRIDAY MORNING | OCTOBER 16

6:40:55 AM	Earliest time for tallis and tefillin (10.2°)
6:30 AM	First Shacharis
7:25 AM	Kitzur Shulchan Aruch class
8:00 AM	Second Shacharis

Erev Shabbos Drush: An Olive Leaf in an Uncertain World

Read the complete drush and prepare for Shabbos.

FRIDAY NIGHT | OCTOBER 16

5:49 PM	Shir HaShirim
6:14 PM	Mincha / Kabbalas Shabbos / Maariv • Candle lighting

SHABBOS NOACH | OCTOBER 17

8:00 AM	Morning class: Noach and the Faith That Moves Us to Act Based on Rav Pinkus. Full class and three-page Hebrew-English sources online.
8:45 AM	Main Shul and Moriah Room Shacharis — together
8:45 AM	Sephardi Shacharis — separately in the Sephardi Shul Room
8:50 AM	Shabbos morning class
10:30 AM	Felicia Gopin and Friends of Peace of Mind Class during Musaf. Ladies and men are welcome.
11:15 AM	Peace of Mind Kiddush luncheon — welcome our visiting soldiers Rav's drash: Who Is There When the Battle Ends?
5:46 PM	Mincha
6:16 PM	Shalosh Seudos: What Is Waiting for Me Here?
7:21 PM	Shabbos ends / Havdalah

Saturday sunset: 6:30:47 PM. Shabbos ends 50 minutes later, rounded up to 7:21 PM. Shalosh Seudos is 65 minutes before Shabbos ends; Mincha is 30 minutes before Shalosh Seudos. Toronto zmanim: MyZmanim.

Our bulletin is still in progress. Please email the Rabbi with additions or corrections. Five Noach teachings: westmountshul.com/noach-5787.

	SUN 18	MON 19	TUE 20	WED 21	THU 22	FRI 23
Earliest tallis & tefillin	6:43:16	6:44:27	6:45:37	6:46:48	6:47:59	6:49:10
First Shacharis	8:00	6:15	6:30	6:30	6:15	6:30
Kitzur class	—	7:25	7:25	7:25	7:25	7:25
Second Shacharis	—	8:00	8:00	8:00	8:00	8:00
Madreigas HaAdam	—	1:25	1:25	1:25	1:25	—
Mincha	2:00	2:00	2:00	2:00	2:00	6:03 PM
Maariv	9:15	9:15	9:15	9:15	9:15	—
Sefer Chareidim	8:45	9:30	9:30	9:30	—	—

Shacharis, tallis/tefillin and Kitzur times are AM. All other class and service times are PM.
Earliest times: MyZmanim, Toronto — tallis and tefillin 10.2° below the horizon.

EVENING CLASSES | OCTOBER 18-23

SUN 8:45 PM · Sefer Chareidim

MON 8:00 PM · Parsha HaShavua — Parshas Lech Lecha, Rabbi Yossi Michalowicz

MON 8:30 PM · Mishnah Berurah — Mordy Michalowicz

TUE 8:15 PM · Talmud: Maseches Megillah — Rabbi Yossi Michalowicz

TUE 8:30 PM · Mishnah Berurah — Mordy Michalowicz

THU 8:00 PM · Semichas Chaver: hafrashas challah and terumos u'maasros

THU 9:30 PM · Chassidus on the Parsha — Rabbi Tsvi Heber

EREV SHABBOS LECH LECHA | FRIDAY, OCTOBER 23

5:38 PM Shir HaShirim

6:03 PM Mincha / Kabbalas Shabbos / Maariv • Candle lighting

Peace of Mind guests are with us through Sunday, October 18. Thank you to our host families and sponsors for making their visit warm and welcoming.

Five teachings for a week of faith, steadiness and connection.

All public PDFs: westmountshul.com/noach-5787. If you plan to attend a Shabbos teaching, please save its text until after you hear the Rav in shul.

Monday, October 12 · 8:00 PM

Finding Menuchah in a World of Turmoil

Full class, with 20 numbered Hebrew-English sources.

Erev Shabbos, October 16

An Olive Leaf in an Uncertain World

What the dove was really telling Noach. The full explanation and story.

Shabbos morning, October 17 · 8:00 AM

Noach and the Faith That Moves Us to Act

Based on Rav Pinkus. Separate Hebrew-English source sheet: three pages.

Peace of Mind Shabbos · Kiddush at 11:15 AM

Who Is There When the Battle Ends?

A place to speak honestly, with people who listen and show respect.

Shalosh Seudos, October 17 · 6:16 PM

What Is Waiting for Me Here?

The full Baal Shem Tov story, with subheadings and call-outs.

More Noach from the archives: 26 TLC recordings, pasuk by pasuk, and two Bible Building Blocks classes. Listen and download source sheets online.

MAZEL TOV

Mazel tov to Russell Gottschalk on the birth of a grandson, a son to Jacob and Joelle. May the family enjoy much nachas and merit to raise him to Torah, chuppah and maasim tovim.

Peace of Mind: our visiting IDF veterans will be here from October 11 through October 18. Join the special October 17 Kiddush luncheon at 11:15 AM and help make their visit warm and welcoming.

Looking ahead: How to Help Someone Choose Jewish Burial — Saturday, November 14, 8:00 PM. Free workshop with Yael Davidowitz, sponsored by Ron and Carla Becker. Register here by Monday, November 9 at 11:59 PM (Toronto time).

Welcome our visiting IDF veterans. Join us for a Shabbos of warmth, connection and community.

8:45 AM	Main Shul and Moriah Room Shacharis — together. Sephardi Shacharis at 8:45 AM, separately in the Sephardi Shul Room.
10:30 AM	Felicia Gopin and Friends of Peace of Mind Class during Musaf. Ladies and men are welcome.
11:15 AM	Peace of Mind Kiddush luncheon Everyone is encouraged to join us in honour of our visiting soldiers.

THANK YOU TO OUR HOST FAMILIES

Esther Greenbaum & Shmuel Steinbach

Reeve & Caron Serman

Gerald & Sheryl Hartman

Rick & Natalie Naor

Susan & Sheldon Glowinsky

Shareen & Jaykee Romi-Babani

Howard & Claire Glowinsky

Stephen & Jodi Katz

Snir & Laurene Ghosalkar

Ian Raskin

Romiel & Sinnora Moses

Scutaru family

THANK YOU TO THOSE SPONSORING THE SOLDIERS' FLIGHTS

Susan & Sheldon Glowinsky · Gerald & Sheryl Hartman · Aaron Kingsbury Family · Russell Gottschalk · Howard & Claire Glowinsky and family · Reeve & Caron Serman · Josey Frieberg · Mechel & Rivka Ittleman · An anonymous sponsor · Rick and Natalie Naor

Additional support for the soldiers' flights is welcome. Please contact Rabbi Michalowicz.

THANK YOU TO OUR SOLDIERS' KIDDUSH SPONSORS

Rick and Natalie Naor

Liora Oppenheimer

In memory of her grandmother, Rivka bas Michoel, on her 27th yahrzeit.

Adva & Eliav Yehuda

Janet & Peter Ruderfer

Hannoch & Edna Yehuda

In honour of and to welcome Rina and Benzion Solomon from Israel,
and all our visiting soldiers.

Paul Skosowski

HELP SPONSOR THE SOLDIERS' KIDDUSH

Sponsorships of \$100 or more: \$100 · \$200 · \$300 · \$500 · or another amount.

Help us welcome our guests with a special Kiddush luncheon.

CLICK HERE TO SPONSOR THE KIDDUSH — westmountshul.com/donate

After donating, please email office@westmountshul.com with your name, sponsorship amount and the designation "Soldiers' Kiddush." Please tell the office if you prefer to remain anonymous.



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**SEMICHAS CHAVER AT WESTMOUNT SHUL
THURSDAY NIGHTS • 8:00 PM**



Write a Note From the Heart

Join Ameinu4Israel in sending love and strength from Canada

Please write a personal note to an Israeli soldier or to a mother who has just given birth.

Since October 7, 2023, Ameinu4Israel volunteers have lovingly made hats, neck warmers and kipot for our heroes in Israel. We also make baby blankets and handcrafted toys for mothers whose husbands are serving or have passed away. Every gift is sent with a personalized note, and thousands of handmade items have already reached Israel.

Need an idea? Here are a few examples:

- *Thank you, dear soldier, for looking after us. We love you. Your family in Canada.*
- *Keep strong, dear soldier, and thank you for everything you are doing for us. We love you. Your family in Canada.*
- *We love you very much and thank you for everything you are doing for us. Lots of love, your family in Canada.*
- *Mazel tov on the birth of your baby. Sending warmest wishes from Canada.*

These are only suggestions - please write from your heart.

Please place your notes together in an envelope or package and drop them off at:

Rebbetzin Michalowicz | 452 Springate Blvd

Mailbox in the enclosure

Kathy Vertesi | 255 Rosedale Heights Drive, Thornhill

Black mailbox outside the screen door

Thank you very much. Wishing you a Shana Tovah and G'mar Chatimah Tovah!

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Westmount Shul & Learning Centre invites you to a

MELAVE MALKA A PRACTICAL WORKSHOP



How to Help Someone Choose Jewish Burial

Starting the conversation about cremation—with care, clarity and confidence.

A relative. A neighbour. A longtime friend.
Someone you know may be considering cremation.
Learn how to reach out before decisions are made.

— THE CREMATION CRISIS IS REAL. YOU CAN MAKE A DIFFERENCE. —

ABOUT 1 IN 2
American Jews are cremated.

EVERY 16 MINUTES
Another Jew is cremated in the U.S.

U.S. estimates reported by NASCK / End Cremation • endcremation.org

— LEAVE WITH TOOLS TO START THE CONVERSATION —

- Begin a sensitive conversation with warmth and respect.
- Respond to concerns about cost, convenience and the environment.
- Explain why Jewish burial matters—and help someone take the next step.



Workshop led by

Yael Davidowitz

Director of Outreach & Project Last Kindness, NASCK

A Columbia University-trained nurse and experienced Chevra Kadisha volunteer, Yael helps Jews of every background understand the meaning of Jewish burial.

Motzaei Shabbos • November 14, 2026 • 8:00 PM
Westmount Shul & Learning Centre • Thornhill, Ontario

Generously sponsored by Ron and Carla Becker



FREE OF CHARGE
CLICK HERE TO REGISTER ONLINE
westmountshul.com/register

Registration closes Monday, November 9 at 11:59 PM
(Toronto local time)

One caring conversation can make an eternal difference.